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Laboratory for Applied Surface Thermodynamics Laboratory of Colloid and Formulation Engineering

predicting lung mechanics from dynamic surface tension evaluations of lung surfactants



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Lung Surfactants and Lung Physiology



Upon compression (exhalation) the lung surfactants produce a near zero surface tension that reduce the pressure difference between the smaller alveoli and the airways

Laplace Pressure: $\Delta P \sim \gamma/R$ (R, radius of the alveolus)



Composition of lung surfactants

•Phospholipids ~ 85-90%

•Mainly phostphatidyl cholines (zwitterionic), and particularly dipalmitoyl phosphatidyl cholines (DPPC) to give solid-like properties.



•Phosphatidyl glycerols (anionic) that impart appropriate dynamic folding/unfolding properties to the surfactant film



•Neutral Lipids ~ 1-5% (cholesterol)

•Proteins ~ 5-10%

•Surfactant Proteins A and D => anionic, hydrophilic

•Surfactant Proteins B and C => cationic, hydrophobic

Surfactant Protein B is essential

Surfactant Evaluation => Compression isotherms



Evaluation of Surfactant Dynamics





Constrain Sessile Drop

ADSA-CSD



Dynamic Evaluation => adsorption and relaxation effects



Adsorption and relaxation effects depend on:

Compression dynamics

Environment

Surfactant composition

$$\begin{aligned} \frac{d\gamma}{dt} &= \begin{cases} \frac{d\gamma_1}{dt} + \frac{d\gamma_2}{dt} & \text{if } \gamma \ge \gamma_{min} \\ 0 & \text{if } \gamma \le \gamma_{min} \end{cases} \\ \text{where} & \frac{d\gamma_1}{dt} = \begin{cases} k_a \left(\gamma_{eq} - \gamma\right) & \text{if } \gamma \ge \gamma_{eq} \\ k_r \left(\gamma_{eq} - \gamma\right) & \text{if } \gamma \le \gamma_{eq} \end{cases} \\ & \frac{d\gamma_2}{dt} = \begin{cases} \epsilon_c \left(\frac{1}{A}\frac{dA}{dt}\right) & \text{if } \frac{dA}{dt} \le 0 \\ \epsilon_e \left(\frac{1}{A}\frac{dA}{dt}\right) & \text{if } \frac{dA}{dt} \ge 0 \end{cases} \end{aligned}$$

 $\begin{array}{ll} \gamma_{\rm eq} & {\rm Equilibrium\ surface\ tension} \\ \gamma_{\rm min,c} & {\rm Minimum\ surface\ tension\ at\ collapse} \\ k_a, \, k_r & {\rm First\ order\ adsorption\ and\ relaxation\ constants} \\ \varepsilon_c, \, \varepsilon_e & {\rm Elasticity\ during\ compression\ and\ expansion} \end{array}$



Parameters for specific scenarios

Formulation	ε _c ,	ε _e ,	k _a , s⁻	k _r ,	Y _{min} ,	Y _{eq} ,
	mJ/m ²	mJ/m ²	1	S^{-1}	mJ/m ²	mJ/m ²
BLES	120	130	2.5	0.0	2	22
BLES-albumin	72	78	1.5	2.5	20	25
Formulation	ε _c ,	ε _e ,	k _a , s⁻	k _r ,	Y _{min} ,	Y _{eq} ,
	mJ/m ²	mJ/m ²	1	S^{-1}	mJ/m ²	mJ/m²

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CRM - Pressure-Volume Model



Tissue contribution to lung pressure



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CRM-PV algorithm



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CRM – PV –rabbit model



CRM – PV – mice model



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CRM – PV, dynamic properties



CRM-PV prediction of lung elastance ($\Delta P / \Delta V$) – left – and experimental values –right - using variable ventilation

*** low minimum surface tension is not always important ***

Fast surfactant adsorption is essential

Conclusions

1 – *In vitro* – *in vivo* correlations are closer to reality => integrated approach to design surfactant therapies

2 – Much to be learned of the physics of surfactant membranes at the molecular scale

3 – A combination of strategies: surfactant additives, method of ventilation may be used in alternative therapies

- 4 Need to introduce flow-driven pressure drop
- 5 Need to incorporate surfactant spreading

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Surfactant membrane conformations





Elasticity slightly improves with surfactant concentration



Relaxation constant is not a function of surfactant concentration



Cationic Surfactant Additives



Reasoning:

Cationic additives can be use to induce flocculation and larger, more active, surfactant aggregates

SP-B, a cationic protein, is essential to life

The anionic headgroup of phosphatidyl glycerols seems to easily hydrate, weakening the surfactant film

Effect of Chitosan on BLES



Optimal molar ratio of number of cationic groups in polymer to anionic groups in lipids

Addition of chitosan, up to a certain ratio, induce larger aggregates to form, also improving the surface activity

Effect of Chitosan on BLES



Cationic surfactant additives can improve the elasticity of exogenous surfactant and reduce the relaxation constant

Cationic additives may be the answer to ARDS



550 μ l/ml serum simulates the high protein content in the lungs of ARDS patients. Even a high exogenous surfactant concentration ~ 27 mg/ml BLES would not work

Effect of cationic peptides

